

# World Renowned Strongman and Motivational Speaker - Bud Jeffries



**B**ud Jeffries is one of the strongest men in the World. He bends I-bars, lifts a table with 10 teenagers on it, and lifts people with one hand. When he has completed one of these amazing feats of strength, he has the undivided attention of his audience of young people.

His message is simple, yet very powerful:

- Be a champion in life
- Bullying is not cool
- Obesity robs each person of their potential

Bud's rapport with young people is a joy to observe. Teachers and parents have given him many wonderful endorsements. There is something very special about having one of the World's strongest men share with students his simple, timely, and heartfelt messages. This is a program that I hope many schools will take advantage of and book for their students.

*"Bud Jeffries has spoken at Lake Gibson High School several times on a number of related struggles and concerns facing our youth today making a very high impact with our students and athletes. His sincerity, methods, and approach to whatever the subject, captivated our students and for many left a lasting impression they still refer to years later."*

*– Frank R. Salerno, Teacher & Athletic Director, Lake Gibson Senior High School*

*"When Bud Jeffries came to the Divine Redeemer Lutheran School the students were totally captivated by his presence, words, and actions. We are all given different abilities and Bud definitely uses his gifts in a powerful way. Bud inspired, entertained, and taught the kids in ways they will long remember. His positive and challenging messages are what young people need today!"*

*– Allan Jabneke, Director*

*"Bud Jeffries has given his strength demonstrations and words of encouragement to our youth on several occasions. In every instance the children come away being enthralled, motivated and grounded. His strength feats are inspiring and captivating. The children still speak of him and the lessons he taught."*

*– Pastor Van Garner*

